



Marlene looks on as Delia shows off the ball she safely retrieved at the Roughriders game.

Please see Bulletin Board for June Birthdays

Get Well Cards

Ed Shank - John Mancarella
Margaret Smith - Louise Hamilton

Sympathy Cards

Ron Czarny (Wife)

Food Drive: The area food banks are short many items and have a large demand. Bring your non-perishable items to the Center and leave with the feeling that you helped someone in need get through a rough time in their lives.

Veterans: The Denton County Veteran Services Offices are in the Government Building at 6301 Main Street each Friday from 8:00am to 10:00am. All services are free to veterans.

SPAN: Call SPAN at 972-624-2247 at least 24 hours in advance for daily lunches at The Colony Community Center or meals delivered to homebound seniors. Must be registered with SPAN.
Meals on Wheels needs volunteers to deliver meals to homebound seniors. Contact Charlotte Garrison at 972-624-2247.

Support the Senior Citizens of The Colony Kroger donates part of your spending for the entire year, to the senior 501(c)(3) organization. On-line registration is required. Go to: www.krogercommunityrewards.com. # 82815.

The Colony Community Center
5151 N. Colony Blvd.
The Colony, TX 75056
972-624-2246

Community Center Membership

The Colony Community Center is a membership facility. You must have a Facility Use Pass to participate in Community Center activities.

Resident	\$10
Resident/Fitness 55+	\$15
Non-Resident	\$18
Non-Resident/Fitness 55+	\$25
Non-Member Daily Rate	\$2

Day Trips and Tours

You must have a current membership pass to register for any trip or tour. Reservations are only confirmed after payment has been received. All

Memories in the Making - Free

Friday, June 17 — 11:30am — 12:30pm
Join us for a free arts program for individuals with dementia. This program allows individuals to use art as a therapeutic medium, with no previous art experience necessary.

Memory Care Support Group

Friday, June 17 — 11:30am — 12:30pm
Running simultaneously with Memories in the Making, this is a support group for the loved ones and caregivers of someone with dementia.

Senior Citizens of The Colony 501(c)(3)

SCOTC is the charitable organization associated with The Colony Seniors. Meetings are the first Tuesday of: Feb, May, Aug. and Nov. at 12:30pm

Board Meeting

Board meetings are held on the 4th Monday of each month at 9:00am. Any member of the Community Center is invited to attend these meetings.

Tai Chi for Arthritis — Free Intermediate Class

Mondays & Wednesdays 1:00 — 1:45pm

It is slow, gentle movements designed to improve movement and balance. Anyone wishing to improve range of motion is welcome.

The Colony Community Center

June 2016



Bingo

Friday	June	3	6:30pm
Thursday	June	9	10:00am
Friday	June	17	6:30pm
Thursday	June	23	10:00am

The Director and Staff of The Colony Community Center are pleased to announce our Volunteer of the Month.

Congratulations!
James Gabhart

Your dedication and service is greatly appreciated. (see details on the Bulletin Board)

Bunco

Thursday, June 2, 16 and 30
10:00am—11:30am

Join us as we kick-off a new activity. It's exciting, easy to play, has fun little prizes and anyone can learn to play on the first try. See the flyer for more information and sign-up at the front desk.

Garland Summer Musicals
Fiddler on the Roof

Sunday, June 26 - 1:45pm Return 6:30pm
\$32 for ticket and transportation

Coming in July

Nice Work if You can Get It

Sunday, July 24 - 1:45pm Return 6:30pm
\$32 for ticket and transportation

Chair Volleyball

Monday, Wednesday & Friday
10:45am - 11:45am

Benefits Counseling

Tuesday, June 21 — 10:00am — 12:00pm
Ever wonder what benefits you are entitled to? Melinda Gardner with the Area Agency on Aging will be here to answer your questions.

Covered Dish Gatherings

2nd Friday of each month at 6:30pm
Last Friday of each month at 12:00 noon
All seniors are invited to participate in the covered dish gatherings. The only requirement is each participant must bring a ready-to-serve dish, that serves 8-10 either purchased or homemade. Purchased items could be: fried chicken, pizza, tacos, corn dogs, pre-cut veggies, ready to serve fruit, deserts, etc. New members attending the Luncheon for the first time are our guests and need not bring a dish.



Caribbean Cruise

We're going to The Bahamas and Key West
December 4 - 11, 2016
Balcony Stateroom \$1153/person double
Inside Stateroom \$878/person double
\$250 deposit per person guarantees cabin
Insurance due w/deposit
\$79 inside, \$95 balcony
Trip Includes:
Cruise on Carnival Breeze
All port charges and taxes
Round trip shuttle service
Tips for bus driver and baggage handling
Departure from The Colony Community Center
For more details call Diana - 972-624-2246